#### What is Phase 3 all about?

Phase 3 is all about exploring primary source material and getting to grips with some big themes in the history of medicine that relate back to the life of your pensioner. This will take place over four weeks.

Once a week you'll listen to a short, recorded lecture. You'll also be given a copy of the PowerPoint. At the end of the lecture you'll be set some questions to go away and research for that week, using the resources listed below.

You'll then meet in a group to go over what you have found. Unlike the other phases of this SLP, this phase is centred entirely around exploration and discussion – so there is no work to be handed in. You may, however, like to keep notes during phase 3 so that you can draw upon the research you have done when you write up your blog.

There is a further presentation about Phase 3 here: <a href="https://youtu.be/9d4q3pQYPqo">https://youtu.be/9d4q3pQYPqo</a>

# A note about participating

Sometimes primary source material relating to the history of medicine can be very difficult to deal with, and difficult in different ways. There may be graphic and upsetting images you come across, for example. Or there will be a description of a treatment that is disturbing because it strikes you as inhumane and cruel. Perhaps you or someone you know had the same or a similar disease or condition and it stirs up memories for you that you would rather not deal with.

For this reason participation in phase 3 of this project is *entirely voluntary*.\_You can 'pause' your participation in the SLP and rejoin in phase 4, if you like, to go on to write your blog piece. If you are going to 'pause', please fill in this form here

Alternatively, you can spend phase 3 researching a different pensioner or pensioners, if you like -- you may be okay researching the history of bronchitis but not e.g. tuberculosis, and that is fine. Please get in touch with your Group Liaison and CC Laura Newman in to discuss alternative pensioners for you to focus on in phase 3.

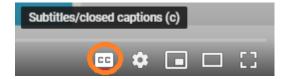
# **Meeting times**

- Northern Ireland group, 4.30pm Thursdays
- South West England group, 3-4pm Fridays
- Scotland group, 4.15-5.15pm Fridays

## **RESOURCES**

# A guide to using these resources:

- The texts linked to below are quite general texts, ones that don't deal with a specific disease or condition.
- This list is not intended to be exhaustive, but rather give you an indication of where you might like to start your research. Remember this is an opportunity for you to explore online archives, so you will inevitably come across your own 'finds'.
- Always keep in mind your pensioner's date of death when you are narrowing down which texts to research. If they died in 1935, for example, you should limit your search to texts and other material from the late 1920s/1930s to try and better understand the kind of treatment they would have been offered.
  - We are not expecting you all to suddenly become trained doctors! A lot of the time historians of medicine have no medical or scientific training, either – getting the broad strokes is what is important.
  - There are links to further reading for each week. To make clear, *you are not expected to read these in advance of the discussion group.* Please feel free to, but it is not mandatory.
  - There are subtitles for the videos. To enable them, click on the button below the Youtube video:



# Important bookmarks

- Link to the Medical Heritage Library: https://archive.org/details/medicalheritagelibrary
- Link to the Wellcome Archive Digital Collections: https://wellcomelibrary.org/collections/digital-collections/
- · Link to our project library

# WEEK 1: DOING RESEARCH INTO THE HISTORY OF MEDICINE ONLINE

# Things to do before we meet:

- Watch this week's presentation: <a href="https://www.youtube.com/watch?v=JoEMtZE\_lyY">https://www.youtube.com/watch?v=JoEMtZE\_lyY</a> You can view the slides here:
   <a href="https://drive.google.com/file/d/10LrYEMhoSIH4zFlxulHhVgUsDUt0Ywo2/view?usp=sharing">https://drive.google.com/file/d/10LrYEMhoSIH4zFlxulHhVgUsDUt0Ywo2/view?usp=sharing</a>
- Watch the Medical Heritage Library video tutorial: https://www.youtube.com/watch?v=i Z iQiu2TU&list=PL0G9I5s39V-zbH5awDyTKCREe
   sXPptz-q&index=1
- Watch the Wellcome Digital Collections video tutorial: https://www.youtube.com/watch?v=C-HzgJOLgig&list=PL0G9I5s39V-zbH5awDyTKCREe
   sXPptz-q&index=2
- 4. Using the cause of death on your pensioner's death certificate, and by exploring the resources outlined above, think about:
  - a. What were the symptoms of this disease or condition? And how might it have affected your pensioner's day to day life if they'd lived with it a long time?

# Starting off with medical terminology:

- Harvard University's A-Z list of medical terms here.
- This glossary of old medical terms, there are more here, here, and here

# What did this term mean?

- Warner's Pocket Medical Dictionary (1897):
   <a href="https://archive.org/details/62850110R.nlm.nih.gov/page/n11/mode/2up">https://archive.org/details/62850110R.nlm.nih.gov/page/n11/mode/2up</a>
- A Pocket Medical Dictionary (1907): https://archive.org/details/b29010056 [\*]
- A Pocket Medical Dictionary (1914): <a href="https://archive.org/details/pocketmedicaldic00goul">https://archive.org/details/pocketmedicaldic00goul</a>
- American Pocket Medical Dictionary (1922):
   <a href="https://archive.org/details/101622206.nlm.nih.gov/mode/2up">https://archive.org/details/101622206.nlm.nih.gov/mode/2up</a>

# WEEK 2: UNDERSTANDING ILL-HEALTH AND DEATH

# Things to do before we meet:

- 1. Watch this week's presentation: <a href="https://youtu.be/ev\_Hv4doDVs">https://youtu.be/ev\_Hv4doDVs</a> You can view the slides here:
  - https://drive.google.com/file/d/1sCFwJ9gQBQ5sE4nFL2GM9fSzO5n91AaQ/view?usp=s haring
- 2. One, or both, of these tasks:
  - a. Task One: Understanding causes of death
    - i. Determine how old your pensioner was when they died, and what they died from
    - ii. Look at the following spreadsheets, which record the principal causes of death in 1901, 1915, 1925, and 1935 in England, Scotland, and Ireland
    - England:
       <a href="https://docs.google.com/spreadsheets/d/1xxH2cvJDhxlQC">https://docs.google.com/spreadsheets/d/1xxH2cvJDhxlQC</a>
       Br qvc sq9GPjTVbYvIIRG4E Neihc/edit?usp=sharing
    - Ireland:
      <a href="https://docs.google.com/spreadsheets/d/1r\_9oFOxJVhxAx">https://docs.google.com/spreadsheets/d/1r\_9oFOxJVhxAx</a>
      <a href="mailto:7y-5-6Bwq19Yso9NEQ6mPcy">7y-5-6Bwq19Yso9NEQ6mPcy</a> aL5p28/edit?usp=sharing
    - Scotland:
       <a href="https://docs.google.com/spreadsheets/d/1FPFpgbQF287m">https://docs.google.com/spreadsheets/d/1FPFpgbQF287m</a>
       8sg-nV GtUQLoWFtCFoYQqrU-Q1ml2A/edit?usp=sharing
      - iii. How 'typical' was your pensioner's cause of death for their age bracket?
  - b. Task Two: Understanding local histories of sickness
    - i. Watch this tutorial on exploring Medical Officer of Health (MOH) reports on the Medical Heritage Library: https://youtu.be/xL1tBkalaik

ii. Go to the MOH section on the Medical Heritage Library:

https://archive.org/details/medicalofficerofhealthreports

- iii. If there are reports from where your pensioner lived, read the reports to gain a sense of (*remember*: these are just ideas! Feel free to explore)
- the size of the local population
- the endemic and epidemic infectious ("zymotic") diseases that affected the community
- the state of housing

# **Further reading**

- · Britain
- Flurin Condrau and Michael Worboys, "Epidemics and Infection in Nineteenth Century Britain", Social History of Medicine, Vol. 2, No. 1 (2009) <u>Link</u>
- Peter Greaves, "Regional differences in the mid-Victorian diet and their impact on health", JRSM Open (2018) <u>Link</u>
- England
- Douglas Brown et al., "The beating heart of the system: the health of postal workers in Victorian London", *Journal of Historical Geography*, Vol. 68 (2020) <u>Link</u>
- Leigh Shaw-Taylor, "An introduction to the history of infectious diseases, epidemics and the early phases of the long-run decline in mortality", *Economic History Review,* Vol. 73, No. 3 (2020) <u>Link</u>
- Scotland
- W.W. Knox, "A History of the Scottish People: Health in Scotland 1840-1940" at SCRAN. <u>Link</u>.
- Alice Reid et al., "'A confession of ignorance': deaths from old age and deciphering cause-of-death statistics in Scotland, 1855–1949", The History of the Family, Vol. 20, No. 3 (2015) Link
- Ireland

 Brendan Walsh, "Life Expectancy in Ireland Since the 1870s", The Economic and Social History Review, Vol. 48, No. 2 (2017) Link.

# **WEEK 3: DIAGNOSING DISEASE**

# Things to do before we meet:

- Watch this week's presentation: <a href="https://youtu.be/L8grQa1zFIM">https://youtu.be/L8grQa1zFIM</a> You can view the slides here:
   <a href="https://drive.google.com/file/d/1mXHxPd\_LTTDIzE6cB50IOBbOOWUYeJQv/view?usp=s">https://drive.google.com/file/d/1mXHxPd\_LTTDIzE6cB50IOBbOOWUYeJQv/view?usp=s</a>
- 2. This week's research task:
  - a) Using the resources listed below and the resources we've explored in the previous weeks -- try to determine what kinds of tests and/or examinations would have been administered to diagnose your pensioner, either pre or post-mortem. Consider, for example:
    - i. What kind of tools (e.g. microscope, stethoscope) would the doctor have needed to make their diagnosis?
    - ii. Would the doctor have primarily relied on the outward symptoms of a disease (e.g. coughing, skin rash), or would they have had to investigate the inner workings of the diseased body by, e.g. undertaking blood tests?
    - iii. How might your pensioner or their family have felt during the diagnostic process? Do you think they would have found the process invasive? Would they have been worried about the outcome?

# How was this or treatment condition diagnosed?

Manual of Physical and Clinical Diagnosis (1934)
 <a href="https://archive.org/details/b31364214/page/n13/mode/2up">https://archive.org/details/b31364214/page/n13/mode/2up</a>

- Clinical Diagnosis (1922) <a href="https://archive.org/details/b29811545">https://archive.org/details/b29811545</a> 0001/mode/2up
- Symptoms in the Diagnosis of Disease (1920) <a href="https://archive.org/details/symptomsindiagno00hare">https://archive.org/details/symptomsindiagno00hare</a>
- A text book of medical diagnosis (1911) <a href="https://archive.org/details/b21468540/mode/2up">https://archive.org/details/b21468540/mode/2up</a>
- · Clinical diagnosis: the bacteriological, chemical, and microscopical evidences of disease (1905): https://archive.org/details/b28135672/page/n5/mode/2up
- An Index of Symptoms as a Clue to Diagnosis (1904) https://archive.org/details/b21535681/mode/2up
- A practical treatise on medical diagnosis for students and physicians (1904): https://archive.org/details/practicaltreatis1904muss2
- Practical diagnosis: the use of symptoms in the diagnosis of disease (1899):
   <a href="https://archive.org/details/practicaldiagno00hare">https://archive.org/details/practicaldiagno00hare</a>
- The pathologist's handbook: a manual for the post-mortem room (1899): <a href="https://archive.org/details/b20387969/page/n1/mode/2up">https://archive.org/details/b20387969/page/n1/mode/2up</a>
- Post-mortem manual: a handbook of morbid anatomy and post-mortem technique (1910): <a href="https://archive.org/details/62111160R.nlm.nih.gov">https://archive.org/details/62111160R.nlm.nih.gov</a>
- A handbook for the post-mortem room (1914):
   <a href="https://archive.org/details/b28057119/page/n5/mode/2up">https://archive.org/details/b28057119/page/n5/mode/2up</a>

# **Further reading**

- Natalie Baldwin, "A Prescription for Change: Training a Doctor in Nineteenth and Twentieth-Century Ireland" (2019) <u>Link</u>
- Abraham Vergese et al. "A History of Physical Examination Texts and the Conception of Bedside Diagnosis", *Transactions of the American Clinical and Climatological* Association (2011) <u>Link</u>
- · Cassie Watson, "Death's Gatekeepers: The Victorian Coroner's Officer", *Legal History Miscellany Blog* (30<sup>th</sup> July 2016) Link

# **WEEK 4: TREATING DISEASE**

# Things to do before we meet:

- Watch this week's presentation: <a href="https://youtu.be/AIXv-aygFk0">https://youtu.be/AIXv-aygFk0</a> You can view the slides here:</a>
  <a href="https://drive.google.com/file/d/1nxMzQeU2UqjQ1ZBCYZccS-RlfMEH7xXZ/view?usp=sharing">https://drive.google.com/file/d/1nxMzQeU2UqjQ1ZBCYZccS-RlfMEH7xXZ/view?usp=sharing</a>
- 2. This week's research task:
  - a. Using the resources listed below and the resources we've explored in the previous weeks -- try to determine
    - i. Where your pensioner might have been treated, and, if you can find out, what the place was like (e.g. how large was it, what kind of treatments did it use, how many people were treated there)?
    - Historical Hospitals, Scotland: https://historic-hospitals.com/gazetteer/
    - Historic Hospitals, N Ireland:
      <a href="https://historic-hospitals.com/northern-ireland/">https://historic-hospitals.com/northern-ireland/</a>
    - Historic Hospitals, England:
       <a href="https://historic-hospitals.com/english-hospitals-rchme-survey/">https://historic-hospitals.com/english-hospitals-rchme-survey/</a>
    - Please note: there are <u>lots</u> of additional resources on historic hospitals and asylums in the 'Extra Resources by Area' section if you cannot find somewhere in the above links
      - ii. What kinds of treatments would have been available for your pensioner? Would they have been a candidate for surgical treatment, or would their condition or illness have been treated pharmaceutically? Alternatively, was their disease or condition something that would have been 'managed' in a different way (e.g. a regular routine or a change in diet)?

#### How was this condition or illness treated?

## General

- The Practioner's Handbook of Treatment (1897):
   https://archive.org/details/b21509190/page/n7/mode/2up
- A manual of the practice of medicine (1901): <a href="https://archive.org/details/b21508835">https://archive.org/details/b21508835</a> [\*]

# Diseases and conditions associated with old age

- Geriatrics: a treatise on the prevention and treatment of diseases of old age and the care of the aged (1924): <a href="https://archive.org/details/50230640R.nlm.nih.gov">https://archive.org/details/50230640R.nlm.nih.gov</a>
- Some medical aspects of old age: being the Linacre lecture, 1922, St. John's college,
   Cambridge (1922): <a href="https://archive.org/details/b29929738">https://archive.org/details/b29929738</a>
- Old age: its care and treatment in health and disease (1913): https://archive.org/details/b21949141/page/n3/mode/2up
- The diseases of sedentary and advanced life: a work for medical and lay readers (1885): <a href="https://archive.org/details/b21720459">https://archive.org/details/b21720459</a>

# Medications and other pharmaceuticals

- Saunders' Pocket Medical Formulary (1904):
   <a href="https://archive.org/details/b21297071/page/n3/mode/2up">https://archive.org/details/b21297071/page/n3/mode/2up</a>
- Serums, vaccines and toxins: in treatment and diagnosis (1904)
   <a href="https://archive.org/details/b28065712/page/n7/mode/2up">https://archive.org/details/b28065712/page/n7/mode/2up</a>
- The Practitioner's Practical Prescriber (1913):
   <a href="https://archive.org/details/b28087562/page/n5/mode/2up">https://archive.org/details/b28087562/page/n5/mode/2up</a>
- A compendium of the pharmacopoeias and formularies (official and unofficial): with practical aids to prescribing and dispensing: a handy pocket book of reference for medical practitioners, pharmacists and students (1915) <a href="https://archive.org/details/b31355808/mode/2up">https://archive.org/details/b31355808/mode/2up</a>
- Practical materia medica and prescription writing, with illustrations (1918):
   <a href="https://archive.org/details/practicalmateria00bethuoft/mode/2up">https://archive.org/details/practicalmateria00bethuoft/mode/2up</a>
- A Text-Book of Practical Therapeutics (1922): https://archive.org/details/textbookofp00hare/mode/2up

# **Further reading**

- General
- Objects in the History of Pharmacy guide at the Royal College of Pharmacy's website. Individual PDF guides on different kinds of historical pharmaceutical preparations. <u>Link</u>
- Britain
- Donnacha Seán Lucey and Virginia Crossman (eds.), Healthcare in Ireland and Britain from 1850: Voluntary, regional and comparative perspectives.
   Download it here
- Gender, Health and Work in Britain and America, 1860-1960 podcast (2016) <u>Link</u>
- Barry Doyle and Rosemary Cresswell, "What was healthcare like before the NHS?" (2018), <u>Link</u>
- Ireland
- The historical development of Irish Hospitals and the importance of their records blog (2015) <u>Link</u>
- The Cost of Insanity: Public, Voluntary and Private Asylum Care in Nineteenth-Century Ireland podcast (2016) <u>Link</u>
  - § You can also read the book on which this podcast is based for free here
  - § The author also has a chapter on the history of alcoholism in Ireland <a href="here">here</a>
- Workhouse Medicine in Ireland podcast (2012) Link
- England
- Simon Hill and Richard Laugharne, "Mania, dementia and melancholia in the 1870s: admissions to a Cornwall asylum" (2003) <u>Link</u>
- Julia Neville, "Cottage Hospitals and Communities in Rural East Devon, 1919-1939" (2014) <u>Link</u>
- Scotland
- The Open University has an online course, "Health, disease and society: Scottish influence in the 19th century" <u>Link</u>

# **EXTRA RESOURCES BY AREA**

# **Scotland**

- + <u>University of Glasgow Library</u> (includes hospital reports)
- + Royal College of Physicians, Edinburgh (includes hospital reports)
- + The Glasgow Medical Journal
- + Historical hospitals, Scotland
- + Historic asylums, Scotland
- + <u>Historic Highlands hospitals</u>
- + <u>ScotlandsPlaces</u>
  - + Includes 1891 MOH reports for different counties

#### Ireland

- + The Dublin Journal of Medical Science
- + The Irish Nursing Journals collection
- + Historic hospitals, Northern Ireland
- + National Library of Ireland catalogue
  - + Note: click on 'show digitised items only' to search
- + Enhanced British Parliamentary Papers on Ireland
  - Note: this website is hard to navigate and is a bit 'clunky'. It allows you to search by key word but doesn't highlight instances in the document where the word occurs. However, it has a number of government reports relating to the history of health and medicine in Ireland (e.g. this 1903 special report on cancer in Ireland)
- + National Inventory of Architectural Heritage

# **South West England**

+ General

#### + Dorset

**History of Dorset County Hospital** 

Hospitals in Dorchester

Dorset page on Historic Hospitals

Blog about health and medicine in Poole

Dorset page on the Medical Heritage of Britain website

#### + Devon

<u>University of Leicester online collection of gazettes and almanacs about Devon. Over thirty items</u>

Devon page on Historic Hospitals

History of the Devon County Lunatic Asylum

The Park Pharmacy Trust, Plymouth

Glenside Hospital Museum, Bristol

Devon page on the Medical Heritage UK website

#### + Cornwall

Kresen Kernow exhibition, 'Medicine Through Time in Cornwall'

Cornwall page on Historic Hospitals

Cornwall page on the Medical Heritage UK website

## + Gloucestershire

BHO page on Gloucester hospitals

Martin Gorksy, "The Gloucestershire Extension of Medical Services Scheme: An Experiment in the Integration of Health Services in Britain before the NHS"

Daphne Doughton, "The early decades of the Cheltenham

#### Dispensary"

Dr Jenner's Museum

Gloucestershire page on the Medical Heritage UK website

#### + Somerset

**Bath Medical Museum** 

Somerset page on Historic Hospitals

Somerset page on the Medical Heritage UK website

History of the Somerset and Bath Lunatic Asylum